



Key Stage 4 Curriculum Overview

Progression from Key Stage 3 and optional progression through Post-16 :

	Autumn Term	Spring Term	Summer Term
Year 9			<p>Students at the end of Key Stage 3 will be able to:</p> <ul style="list-style-type: none"> • Verbalise their experience within a range of sports and activities • Successfully select, apply and demonstrate appropriate skills and techniques across a range of sporting environments • Understand their own strengths and areas for development within physical activity and sports
Year 10	<p>Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.</p> <p><u>GCSE</u> Paper 1:</p> <ul style="list-style-type: none"> • Anatomy and Physiology - Part 1 • Anatomy and Physiology - Part 2 <p>Paper 2:</p> <ul style="list-style-type: none"> • Health, Fitness and Wellbeing • Socio-cultural influences in sport - Part 1 <p><u>BTEC</u> Component 1 -</p> <ul style="list-style-type: none"> • Preparing Participants to Take Part in Sport and Physical Activity 	<p>Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.</p> <p><u>GCSE</u> Paper 1:</p> <ul style="list-style-type: none"> • Anatomy and Physiology - Part 3 • Physical Training Part 1 <p>Paper 2:</p> <ul style="list-style-type: none"> • Socio-cultural influences in sport - Part 1 • Sports Psychology Part 1 <p><u>BTEC</u> Component 2 –</p> <ul style="list-style-type: none"> • Taking part and improving other participants sporting performance 	<p>Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.</p> <p><u>GCSE</u> Paper 1:</p> <ul style="list-style-type: none"> • Physical Training Part 1 • Physical Training Part 2 <p>Paper 2:</p> <ul style="list-style-type: none"> • Sports Psychology Part 1 • Sports Psychology Part 2 <p><u>BTEC</u> Resit either Component 1 – Preparing participants to take part in sport and physical activity</p> <p>Component 2- Taking part and improving other participants sporting performance</p>

Year 11	Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.	Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.	Core PE Pathways to be followed – Students select 7 sports to complete throughout Academic YEAR.
	<u>GCSE</u> Paper 1: <ul style="list-style-type: none"> • Movement Analysis 	<u>GCSE</u> Paper 1: <ul style="list-style-type: none"> • Paper 1 Revision Programme 	<u>GCSE</u> Paper 1: <ul style="list-style-type: none"> • Paper 1 Revision Programme
	Paper 2: <ul style="list-style-type: none"> • Extended Exam Question Practice 	Paper 2: <ul style="list-style-type: none"> • Paper 2 Revision Programme 	Paper 2: <ul style="list-style-type: none"> • Paper 2 Revision Programme
	NEA Coursework <u>BTEC</u> Resit either Component 1 – Preparing participants to take part in sport and physical activity Component 2- Taking part and improving other participants sporting performance	<u>BTEC</u> Component 3: Developing Fitness to Improve other participants performance in sport and physical activity	Paper 1 + Paper 2 Exam <u>BTEC</u> Component 3: Developing Fitness to Improve other participants performance in sport and physical activity

By the end of Key Stage 4 students should be able to:

- Identify sports and activities that they enjoy, potentially leading to participation after school
- Have a range of knowledge across a variety of topics related to GCSE PE
- Be able to apply knowledge and understanding to relevant sporting examples
- Show the ability to evaluate and analyse key information / content in given sporting scenarios